

Faengx Ndeigwn

☐ Sanglinz Yen Sizven Yozyau Funghlingi Yaugih roek (3) ban Veiz Gvahgiz

Gyoengq boux lwgnyez ngamq hag byaij loh soenjloebloeb、siuj-hagseng aemq daehsaw bae hagdangz、goenggeq mbouj miz heuj, baez dwen daengz faengx, bouxlawz mbouj dwg ndaw bak sikhaek mizok cungj gamjsouh rangdiemz niunaet ndeu ne!

Gou cei q haengj yawj daxmeh suek faengx lo. De dawz haeuxcid ceh raemx guh dwk gawhbwdbwd gonq, cai q dawz nohsamcaengz ronq baenz diuz, gyaux duhdoem soiq、duhheu caeuq lwglaeq, itheij hamh haeuj ndaw rongfaengx bae. Faengx suek ndei lo, cuengq youq ndaw rek dumq, feihhom rongfaengx youq ndaw ranz-dajcawj biu dohdaengz liux, lij gab miz heiqrang haeuxcid caeuq heiqrang noh, caen hawj vunz myaiz rihgyoeggyoeg.

Moix baez ndaw ranz suek faengx, gou cungj angq dangqmaz, youq bakcauq baenq bae baenq dauq. Hoeng daxmeh cungj gangj: “Seizneix lij caeux ne, aeu dumq sei q haj aen cungdaez, daengz haemh cij ndaej gwn.” Dingq gij vah neix, gou doeknai q lo, lij aeu caj baenzneix nanz!

Mwh dumq faengx, gou yaep ndeu haeuj bakcauq bae yawj aenrek, yaep ndeu youh okbae guhcaemz.

“Meh, seizlawz ndaej gwn ne?”

Gou gaenyawj aenrek dumq faengx.

Moix baez gou buet haeujdaeuj, daxmeh cungj naeuz: “Lij caeux ne, daengngoenz lij caengz roengz bya ne.”

Cien caj fanh caj, caj daengz daxmeh hai rek le.

Daxmeh yaeb aen faengx ndeu hwnjdaeuj hawj gou, gou caj mbouj gib dajhai rongfaengx, a, haeuxfaengx bienq saek heuloeg, haenx dwg gij saek rongfaengx. Faengx youzyubyub ndongqrikrik, gou haeb amq ndeu, haeuxcid youh unq youh niu、nohsamcaengz youh rang youh raeuz、maklaeq youh mboeng youh diemz, gou gwn gi gwn guk…… Gou gwn ndaej saejndw gang liengj, lij nyaenx mbouj ndaej siengj cai q gwn aen ndeu dem.

Neix couh dwg gij faengx gou cei q gyaez haenx. Faengx ranzmбанj gou ndeigwn lai lo!

美味粽子

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刚刚蹒跚学步的小娃娃,背起书包上学的小学生,牙口不好的老爷爷,一提到粽子,谁不是嘴里就立刻生出一种香甜软糯的感觉呢!

看妈妈包粽子最有趣了。她先把雪白的糯米泡得胖乎乎的,再把五花肉切成条状,配上花生、绿豆和板栗这些馅料,然后一起包进碧绿的粽叶里。粽子包好后,放到锅里煮,厨房里慢



慢地飘出粽叶的清香,夹杂糯米和肉的浓香,让人垂涎三尺。

每次家里包粽子,我都喜出望外,在厨房里转悠不停。然而妈妈总是说:“时候还早呢,要煮四五个小时,到晚上才能吃。”听这话,我便泄气了,还要等这么久!

在这期间,我一会儿进厨房看看,一会儿又出去玩要。

“妈妈,什么时候才能吃啊?”我眼巴巴地望着锅里。

每次我跑进来,妈妈都说:“还早呢,太阳还没落山呢。”

等等等,终于等到了妈妈揭开锅盖的那一刻。

妈妈提了一个粽子给我,我迫不及待地扒开粽叶,啊,粽子表面变成绿色,那是粽叶的颜色。粽子油油的,亮亮的,我咬上一口,糯米的软糯、五花肉的鲜美、板栗的香甜让我欲罢不能……我吃得满嘴油光,小肚子鼓得像个皮球,却还是忍不住想再吃一个。

这就是我最爱的粽子。我家乡的粽子,太好吃了!

(lauxsae son raiz: Mungz Cwngzgen/指导老师:蒙成建)



Daxdai q yienznaeuz gaenq ndaej caet cib bi, hoeng cungj gai j mbouj ndaej gij sibgvengq “ged” de.

Gij Saeh “Ged Raemx”

Daxdai q “ged” cungj mbouj sij ndaej dauj gij raemx yungh gvaq haenx bae. Ndaw diengzhaex ndaw ranz, gij doengjraemx aen hung aen iq cungj bai j rim liux, ndaw doengj coux rim gij raemx saeg buh、raemx swiq byaek、raemx swiq vanj…… Daxdai q yungh gij raemx saeg buh mad deihbanj, yungh gij raemx swiq byaek、raemx swiq haeux rwed va, yungh gij raemx swiq vanj cungswiq gizdieg okhaex. Gou mbouj leixlangh gij “ged” daxdai q, oknyouh okhaex ndaej le, cungj swnhfwngz baez nyaenj, “va” sing ndeu, gij raemx ndaw siengraemx deng gou cuengq liux bae. Moix baez daxdai q dingqnyi le, cungj sikhaek

buet gvaqdaeuj, swenj naeuz: “Lwg fangzbyaiz neix, naeuz mwngz lai mbaet lo, oknyouh okhaex sat le aeu yungh gij raemx ndaw doengj neix cung haex cung nyouh, gaej sai gij raemx ndaw siengraemx!” Gij vah daxdai q doi q gou daeuj gangj dwg “rumz bien rwz”, gou mbouj gai j saekdi lij ciuqyiengh lumj gaeuq nei. Doeklaeng, daxdai q nyaenx mbouj ndaej lo, de “hai ciu” lo, de gven gai qcab guenjraemx bai hlaeng diengzhaex haenx mbouj hawj raemx haeuj diengzhaex lo, gou mbouj ndaej mbouj ei de lo. Daxdai q mbouj danh guenj gou mbouj hawj gou sai raemx, de lij guenj goengda yungh raemx dem. Gaxgonq, goengda rwed va cungj yungh swlaizsui j rwed, daxdai q “ged” raen le, ndaw bak damzbyoedbyoed naeuz: “Mwngz ndaek goenggeq neix, yungh swlaizsui j rwed va mbouj danh sai raemx, youh mbouj miz yingzyangj,

mwngz mbouj rox yungh gij raemx swiq haeux rwed va doi q gova engq ndei ma?” Deng daxdai q hongz le, goengda hix guhbaenz aen sibgvengq ndei mbaet yungh raemx, moix baez rwed va cungj yungh gij raemx swiq byaek roxnaeuz gij raemx swiq haeux rwed.

Gij Saeh “Ged Dienh”

Daxdai q mbouj danh “ged raemx”, lij “ged dienh” dem. Daxdai q dajcawj seiz danghnaeuz ndaej haicueng couh mbouj hai aen youzyenhgih; doengxhaemh yawj densi soqlaiz mbouj hai daeng gvaq; mboengq ndat soqlaiz mbouj hai gunghdiuz, couh lien z aen denfunghsen hix mbouj hai. Seizhah ndatfwgfwg, gai qbeiz mbouj liz fajfwngz daxdai q gvaq. Goengda mizseiz dingj ndat mbouj ndaej, siengj caegcaeg hai gunghdiuz seiz, cix deuz mbouj gvaq fouq da “ndongqrongh” daxdai q, doeklaeng mbouj danh mbouj ndaej ci gunghdiuz, lij deng daxdai q ndaq can he. Vihneix, goengda hix ciemhciemh mbouj cai q naemj hai gunghdiuz lo, ndat lai couh hai doulaux, buen aen daengq iq naengh youq bakdou, ci gij “rumz gvaq lajranz”. Mboengqgonq, daxdai q dingqnaeuz yungh gij daeng heuh LED haenx youh ronghsag youh mbaet dien h, de heuh daxboh youq gwnzmuengx cawx haujlai aen ma, dawz gij daeng ndaw ranz cungj “vuenh najmoq” caez.

Gij Saeh “Ged Danq”

Daxdai q “ged” cawx byaek

soqlaiz mbouj yungh daehgyau, moix baez okdou cungj riuj aen daehbaengz he. Couh lien z gij cei j yungh gvaq haenx, daxdai q hix mbouj cuengq gvaq. Moix baez gou sij cozyez guh cau jgauj seiz, daxdai q cungj mbouj hawj gou yungh gaujceij moq, nyengh heuh gou yungh gij cei j sij gvaq mbiengj ndeu haenx daeuj sij. Deng daxdai q yingyangj, gou hix roxyiuj dawz bonj gaujceij yungh gvaq haenx ce roengzdaeuj, dawz daeuj lienheih roxnaeuz niemhsuenq. Daxdai q ndangdae j mbouj ndei geijlai, de ciengzciengz bae aen bouqyw liz ranz gig gya e he cawx yw. Daxdai q cungj mbouj hawj daxboh hai ci soengq de bae cawx yw, nyengh ci hgeij gwih danci bae, moix baez dauq ranz cungj hanh rim gya euj rim ndang. Dou cungj gienq daxdai q naeuz: “Mwngz baenz geq lo, baenzneix nyen guhmaz? Ranz raeuz gwndaenj hix mbouj ca, wnggai yiengj fuk lo!” Byawz rox daxdai q cix yienghneix han naeuz: “Sou mbouj yawj gwnz densi gwnz bauqceij ciengzciengz gangj ma? Seizneix goekraemx noix haenq lai bw, caemhcai q daengx biengz dienheiq bienq raeuj, hoengheiq yied daeuj yied deng uqlah haenq, raeuz cai q mbouj haeujsim mbaetyungh gemjnoix saehlah, gij gwndaenj raeuz lij miz maz vuenyungz?”

Laxlawz, daxdai q “ged” dwg vih baujhoh vanzging! Daj neix hwnj, dou daengx ranz vunz cai q hix mbouj naeuz daxdai q “ged” lo, cungj heuh de guh “daxdai q vanzbauj”!

(Vangz Yiningz raiz Danz Hijvah hoiz)