

Baez Daih'it Hwnjdaiz Yenjgyangj

□ Sanglinz Yen Sizyen Yozyau Funghlingj Yaugih roek (3) ban Cwngz Cinhungz

Bouxlawz cungj miz baez daih'it nanzlumz; Baez daih'it cawj haeux dinfwngz bamzbwdbwd, baez daih'it swiq vanj siujsim sisi, baez daih'it deng bohmeq ndaq vaetheiq dangqmaz…… Cix baez daih'it gou ceiq nanzlumz haenx, dwg gou baez daih'it hwnjdaiz yenjgyangj.

Haenx dwg ngoenz singhgiz ngx banringz gvaq ndeu, lauxsae sawqmwh naeuz: “Gyoengq doengzhag, gou hawj daihgya cib faen cung seizgan caepcawq, gvaq cib faen cung le, gou hawj gyoengqsou lumj ‘baiz hojceh’ nei hwnjdaiz daeuj yenjgyangj, cawjdaez dwg ‘insik haeuxliengz’.”

Baez dingqnyi coenz vah neix, mbangj doengzhag vid din vid fwngz, simgaenj yaek sawqsawq; mbangj boux simyou najsae, siengj mbouj ok baenzlawz yenjgyangj. Gou couh dwg cungj vunz simyou najsae haenx. Aenvih mbouj guenj gou baenzlawz gyaet uk gyaet ngviz, siengj bae naemj dauq, cungj siengj mbouj ok yenjgyangj yaek gangj gijmaz. Neix dwg gou baez daih'it hwnjdaiz yenjgyangj ha.

Cib faen cung vaiqvut gvaqbae lo. Boux doengzhag hauh daih'it hwnjdaiz gonq. Cij raen de lwgda dingh' onj, yaem cinj sing gok, rengzrwrwd dwk lwnhgangj, bak de caen lumj hai ok va' ngaeux nei. Lauxsae dingq le lienlien



ngaekgyaeuj, naeuz ndaej doenggvaq lo. Lwnz daengz boux doengzhag baihlaeng, de baez gangj, sang daemq dingzdaenh, bak raeuz dangqmaz, daj goek daengz byai gangjladlad, vaiqvut couh gangj sat lo, hix ndaej lauxsae haengjdingh.

Moix boux doengzhag cungj doenggvaq, hawj gou atlig gig hung. Gou simgip lumj feiz coemh, lumj ngeihcib haj duz nou youq bakaek vaz sim gou, youh lumj duzmoed ndaw rek ndat gip dwk baenqlulu. Gou yaek baenzlawz guh ne? Gou lij caengz naemj ndei ha!

Doeklaeng, vanzlij lwnz daengz gou lo. Gou mbwtmbwt mbwjmbwj, ndaw uk cungj hoengqhanghang, gangj mbouj baenz coenz, nyex ndaej daengx ban doengzhag riuhaha. Naj gou fwt hoengz daengz goekrwz. Gou najmong dangqmaz, gig maqmuengh miz congh ndeu hawj gou ndonj haeujbae.

Gou naiqnueknuek, doekdin naiqhengh, roxnyinh dujva cungj ngaem gyaeuj lo, duzroeg heuhcaca, hix lumj riu gou nei, gofaex iq bonjlaiz mbaw heuswdswd, seizneix cix lumj henj reuq nei.

Neix couh dwg gij ginggvaq gou

baez daih'it hwnjdaiz yenjgyangj, caen najmong ha!

第一次上台演讲

上林县实验学校丰岭校区六(3)班 成晋宏

每个人都有难忘的第一次:第一次做饭的笨拙,第一次洗碗的小心翼翼,第一次被父母责骂的委屈……而让我记忆最深刻的,是第一次上台演讲的经历。

那是一个星期五下午,老师突然宣布:“同学们,我给你们十分钟时间做准备,十分钟后,我要让你们‘排火车’式地上台演讲,主题是‘珍惜粮食’。”

当听到这句话时,有的同学摩拳擦掌,跃跃欲试;有的则愁眉苦脸,不知所措。我属于后者,因为不管我如何绞尽脑汁,搜肠刮肚,也想不出要演讲的内容。这是我第一次演讲啊。

十分钟很快就过去了。第一号同学先上台。只见他眼神坚定,字正腔圆,铿锵有力地讲着,简直是口吐莲花。老师听了连连点头,表示通过。轮到下一个同学,他说话来抑扬顿挫,整个过程行云流水,一气呵成,很快就讲完了,同样得到老师的肯定。

每个同学的通过,对我都造成很大的压力。我心急如焚,犹如二十五只老鼠在胸口百爪挠心,又如热锅上的蚂蚁急得团团转。我该怎么办呢?我连腹稿都没打好啊!

最终,还是轮到了我。我吞吞吐吐,脑子里一片空白,说不出一句话,惹得全班同学哄堂大笑。我的脸“刷”地一下红到了耳根。我羞愧至极,恨不得有个地洞给我钻进去。

我垂头丧气,感觉花儿都垂下了头,小鸟叽叽喳喳,仿佛也在讥笑我,小树原是绿绿葱葱的,现在却显得黯淡无光。

这就是我第一次上台演讲的经历,真是尴尬啊!

(lauxsae son raiz: Vangz Gveiyangh / 指导老师:黄桂香)

Gaigeq



Vunzlai cungj heuh diuz gai de guh gaigeq.

Gaigeq dauqdaej miz geijlai geq gou mbouj rox, hoeng gou cix rox: Gwnz gaigeq ngoenzngoenz cungj nauhyied baenzmaz bae.

Banhaet, gyoengqvunz daj ndaw fangzhwnz ndiu hwnjdaej, seizneix diuz gaigeq hix daj ndaw fangzhwnz ndiu lo, gij diemqbouq song mbiengj gai youh hainduj haidou guh seng' ei q lo, bouxbuenq hix hainduj hemqheuh lo. Geij goenglaux naengh youq bakdou ranz ganggoj, gyoengq lan heux gyoengqde buet bae buet dauq; youq baihnaj bouqgaibau, bouxgaibau biengj fa aen caengq, raq heiq ndatfwdfwd ndeu suek dwk heiq mienh heiq noh rangfwtftw haenx coemj haeuj ndaeng daeuj, hawj

vunz myaiz rih liux; henz dan gai byaek, miz geij boux vunzlaux cingqcaih genj gij byaek lij nem raemxraiz haenx. Ndaw diemqfaenj, geij boux hauxseng hwnq caeux haenx, cingq gwn faenj feih dangqmaz.

Daengz banringz, gyoengq lwngyez sam haj bang comz youq luengq hongh guhcaemz diuqranz; youq laj raemhfaex, geij boux vunzlaux humx naengh youq henz daizrin dwkgeiz; gwnz dieg hoengq baihhenz, gyoengq mehmbwk diuq fouxgvangjangz; rumz saeq ci daeuj, nyouq ndaej heiq hom haeuxbyaek daj geij ranz vunz biu okdaej…… Banringz it diemj lai cung, gyoengqvunz cungj bae yietnaiq lo, diuz gaigeq bienq ndaej caemrwgrw, byaij youq gwnz gai, lij you yamqdin bonjfaenh gyuk diuz gaigeq.

Doengxhaemh gaigeq youh nauhyied hwnjdaej! Mbouj rox daj gizlawz daeuj baenzlai vunz, yaep ndeu caenx rim gwnz gai. Bouxcoz ndaw ngoenz mwh ceiq cwxcaih hab' ei q de couh dwg bae youz gaigeq lo, caih heiq dangz cau maklaeq, cau ngveihgve ndonj haeuj ndaw ndaeng bonjfaenh bae…… Ngoenznaengz youq seizneix, gyoengq lwngyez cungj aeu humx youq laj gofaex bae caj vunz ganggoj. Hoeng ngoenzneix cix mbouj doengz, gyoengqvunz youq laj gofaex gaq daiz yienj heiqngaeuz, gyoengq lwngyez humx ndaej ndaw sam caengz rog sam caengz, da daengx luenzlulu. Yienjheiq daengz giz ndeiyawj, gyoengqvunz cungj hemq hwnjdaej.

Youq ndaw sing' angq singriu neix, gaigeq ngoenz ndeu youh gvaqbae lo, gyoengqvunz cungj nyaengq hagsib nyaengq guhhong, lumjnaeuz lumz

Ndaw Rungj Daiq

□ Lij Vanjyinh

Ndaw rungj daiq raejruhub
Mwh gou daejfwdfwd
De couh umj gou
Seizneix gou hix umj dahnuengx
Dawz gij raejruhub rungj daiq soengq hawj nuengx

Daiq lij daiq gou bae yawj va
Dou yawj vadauz, valeiz, vamoiz
Yawj gij va gyaundeilailai
Youq ndaw suenva gyaundeilailai
Gou couh lumj ndup youq ndaw rungj raejruhub daiq

Daiq gvaqciuh lo
Bienqbaenz ndaundeilailai gwnz mbwn
Ngoenzhaenx fwndoeck lo
Rwed gij va ndaw suenva
Cix mbouj rwed rungj raejruhub daiq ndaw sim gou

liux gij heiq oenqfeiz ndawbiengz. Danghnaeuz mwngz siengj hawj ndaw sim nyapnyuk dinghcaem roengzdaej, couh daeuj gwnz diuz gaigeq neix byaijbyaij ba. Cijmiz heiq oenqfeiz ndawbiengz, cijndaej nainod caeq raejruhub aen sim vunz.

(Loz Cinzyui raiz / Veiz Yennaz hoiz)