

Ngaiznaengj Haj Saek

五色糯米饭

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Ngoenzciet conzdungj ceiq nauhyied Bouxcuengh dwg “cietfwen sam nyied sam”. Youq ndawsim gou, gou ceiq muengh aen ciet neix. Youq aen ciet neix, ndaej gwn ngaiznaengj haj saek gou ceiq gyaез gwn haenx. Ngaiznaengj haj saek dwg aeu haeuxniu nyumx saekndaem、saekhoengz、saekaeuj、saekhenj, caiq gya haeuxniu hau doxgyonj cuengq ndaw caengq naengj.

Ngaiznaengj haj saek yienznaeuz ndeigwn, hoeng guh cungj ngaiz neix aeu feiq haujlai goengfou cijndaej. Bineix sam nyied sam, gou caenda yawjraen daxbuz guh ngaiznaengj haj saek. Ngoenzciet sam nyied sam yaek daengz seiz, daxbuz couh laebdaeb cawx caizliuh guh ngaiznaengj haj saek ma lo. Caizliuh cawx ndei le, daxbuz sien yungh fagcax dawz mbawraeu cab baenz donh baenz donh, riengzlaeng dawz gij mbawraeu cuengq haeuj ndaw doiq bae daem geij baez, yienzhaeuh aeu okdaeuj cuengq youq ndaw bat, daek geij rok raemx roengz bat cimq mbawraeu, raemx aeu muenx gvaq mbawraeu. Sam yied co'ngaih gyanghaemh, daxbuz dawz mbawraeu cimq song ngoenz haenx lauz hwnjdaeuj, cij louz raemx, yienzhaeuh dawz gij raemx neix cuengq haeuj ndaw gva gya ndat. Gya ndat daengz baenzlawz cingzdoh ne? Daxbuz gangj cuengq fwngz haeujbae gamjdaengz fwngz ndat couh ndaej lo. Seizneix couh dawz haeuxniu dauj haeuj ndaw bat bae cimq, yienghneix guh haj baez couh mbouj yungh gya ndat lo. Cijaeu dawz haeuxniu cimq daengz ngoenz daihngeih haetromh couh ndaej lo. Gij haeuxniu saekhoengz、saekaeuj dwg aeu go'gyaemq daeuj nyumx, go'gyaemq cab baenz donh baenz donh le, cuengq haeuj ndaw gva bae cawj, lauz gij nyaq hwnjdaeuj, doeklaeng caj raemx liengz daengz mbouj logfwngz le, couh ndaej dawz haeuxniu dauj haeuj ndaw raemx



bae cimq, caj raemx liengz le youh raenz raemx okdaeuj dawz bae gya ndat, caiq cimq haeux, hix dwg yienghneix fanfoek guh geij baez couh ndaej dawz haeuxniu cimq daengz ngoenz daihngeih caj yungh.

Sam yied cosam haetromh, gou lij loq fangzhwnz seiz, daxbuz gaenq hwnqcongз naengj ngaiz haeuxniu. Hwnqcongз le, gou couh buet daengz dieg gwnngaiz, cijraen gwnz daiz gwnngaiz cuengq miz vanj ngaiz hung saekhoengz、saekndaem、saekaeuj、saekhau、saekhenj ndeu, daegbieg dwg saekndaem, ndaem ndaej ndongqlikik. Gou caj mbouj gib yungh fwngz nyauj gaem ngaiz saekndaem ndeu cuengq haeuj ndaw bak bae, gij rang mbawraeu coemj haeuj ndaw ndaeng bae, gvaq yaep ndeu, gaem ngaiznaengj haj saek couh gwn sat lo. Daxbuz youq henz raen yienghneix cungj yawj ngawz lo, hoeng ndawsim daxbuz angq raixcaix.

Gyoengq baengzyoux, mwngz dwg mbouj dwg hix siengj cimz ngaiznaengj haj saek ne? Danghnaeuz siengj, couh cingj sou bi'moq sam nyied sam daeuj ranz Bouxcuengh dou guhhek ba! Dou couh aeu ngaiznaengj haj saek daeuj dakdaih sou, hawj sou gwn gaeuq bae.

(指导老师:陆银核)

Genjdanh Dauhleix



Gaxgonq, miz song boux vunz, mwh songde gig dungxiex seiz, miz goenglauх ndeu soengq song yiengh doxgaiq hawj songde: Diuz ganjepbya he caeuq laep bya hung diuq-baengbaeng he. Ndawde, boux he aeu laep bya haenx, lingh boux aeu diuz ganjepbya. Aeu

doxgaiq le, songde couh dangq boux dangq byaij lo.

Boux aeu laep bya haenx sikhaek youq dieggaeuq ra fwngz caux feiz cawj bya, de gwn gi gwn guk, caengz cimz ok gij feih ndeigwn nohbya, yaepyet couh lienq bya daiq raemxdang cungj gwn seuqcingh bae, mbouj geij nanz, de couh iek dai youq henz laep byouq lo. Lingh boux haenx dingj dungxiex, gwed diuz ganjepbya baez yamq baez yamq gannanz naiquiek dwk byaij bae coh haij, hoeng mwh de yawj ndaej raen gizgyae haij lamzyauyau seiz, gwnz ndang di rengz ceiq doeksat haenx cungj sai liux lo, de cijnaengz da yaepmyab yaepmyab yawj daihhaij, doeknaiq sebseb dai bae.

Youh miz song boux dungxiex, doengzyiengh miz goenglauх he soengq diuz ganjepbya caeuq laep bya he hawj songde. Cijdwg songde mbouj dangq boux dangq byaij, dauqdwg siengliengz itheij bae henz haij, songde moix baez cij cawj duз bya ndeu gwn. Songde byaij ha byaij ha, byaij le haujlai gyaе, doeklaeng caen byaij daengz henz haij lo, daj neix hwnj, songde hainduj dwkbya gvaq saedceij.

Geij bi gvaqbae le, songde daengj ndaej ranz lo, aeu baz seng lwg lo, lij guh ndaej ruzdwkbya dem, gwndaenj yied daeuj yied fouqmiz, songde cungj ndaej gvaq gij saedceij soengyungz haenx.

(Cazlij)

Baez Bazhoz Dox-dax Mizyinx Ndeu

一次有趣的拔河比赛

武鸣县太平镇庆乐小学三年级 黄盈瑞

Ngoenzneix dienheiq daegbied cingx, aenmbwn lamzsubsub, daengngoengz ronghsag ciuq dwk daengx ndang raeujrubrub. Ndaw hagdangz dou nauhyied dangqmaz, vihmaz baenzlai nauhyied ne? O, yienzlaiz youq dangqnaj gyaуyozlouz cingq gawjhengz nienzgaep bazhoz doxdax ne.

Muengh ha muengh ha, dingqnyi ndaw gvangjbo cienz daeuj “sam nienzgaep it ban caeuq ngeih ban cingj guh ndei bazhoz cunjbi.” Song mbiengj duiyenz sikhaek daeuj daengz gizdieg vixdingh haenx. Banhcujiyin cijdauj daihgya gak boux gag baij ndei swhsi. Song fwngz gou lumj fagnep hung gaemdawz diuzcag youh co youh loet gaenjdwtdwt, lauxsae heuh raeuz dawz song cik ga gungq roengzdaeuj, daengx ndang aij dauq baihlaeng.

Seizneix cij yawjraen fan geiz iq ndaw fwngz bouxcaizbueng baez vad, dingqnyi singsauq yiengj “bi”, duiyenz dou couh lumj duзguk lwg rengzrwdrdw nei maenj faenz maenj heuj okrengz rag. Gij sing hemq “Gyahyouz! Gyahyouz!” goksadsad rwenz daengz byonghmbwn bae. Yo, duisouj dou rengz caemh hung, song mbiengj mwngz mbouj nyiengh gou, gou engq mbouj nyiengh mwngz, aengiuz hoengz iq venj youq cungqgyang diuzcag haenx yaep swix yaep gvaз bibuengq hwnjdaeuj. Gvaq yaep ndeu, aengiuz hoengz iq menhmenh yiengq ngeih ban nod bae lo, song cik ga gou lumj mbouj dingq cijveih nei yiengq baihnaj soemxsoemx saxsax yamq bae. Gou roxnynih fajfwngz gou youh byangj youh in, gij rengz daengx ndang lumj yaek yungh caenh nei. Ndawsim gou ngeix: Sat lo, sat lo, baezneix saw dingh lo. Seizhaenx conghrwz gou youh dingqnyi singhemq “It ban gyahyouz! It ban gyahyouz!” Sing hemq “gyahyouz” sing beij sing sang. Banhcujiyin dou daihsing hemq “Gaej cuengqfwngz, yamqdin gaej luenh, dingq damzlaeh bae okrengz!” Gij lahlahdui hemq dwk engqgya gok. Ndawsim gou siengj: Gou itdingh genhciz roengzdaeuj, fwngz byangj cungj mbouj leix de! Ngeix daengz neix, gou daengx ndang bienq ndaej engqgya rengzrwdrdw. Gyoengqdou caez caenhrengz, baez yamq baez yamq dawz gyoengq ngeih ban rag gvaqdaeuj. Dingqnyi singsauq boq yiengj, “dou ndaej hingz lo! Dou ndaej hingz lo!” Daihgya youh diuq youh hemq. Ciengz daihngeih song mbiengj doxvuenh cangzdi le, gyoengqdou engqgya saenqsim cibcuk lo. Ciengz doxdax daihngeih, gyoengqdou gig vaiq couh dawz doiqfueng rag gvaqdaeuj lo. “Gyoengqdou hingz lo, gyoengqdou hingz lo!” Daihgya angqfwngfwng diuq hwnjdaeuj bekfwnz angqhoh ndaej hingz.

Baez bazhoz doxdax neix caen nanzlumz ha, hawj dou daiqdaeuj vaiqvued gig lai, hawj gou roxdaengz doxgiet hwnjdaeuj rengz couh engq hung.

(指导老师:黄春菊)

